

The Riimenze Community

Newsletter – July 2026

Sustainable Agriculture Project and Community Development



CODEP: Visit to the demonstration farm

On 7 July 2026, CODEP (Catholic Organisation for Development and Peace) of the Catholic Diocese of Tombura-Yambio organised a study and training visit for its farmers at the demonstration farm of the Sustainable Agriculture Project in Riimenze. CODEP is responsible for implementing livelihood programmes aimed at supporting vulnerable



smallholder farmers throughout the diocese. This field day enabled participants to gain first-hand experience of new sustainable farming techniques, promoting the sharing of best practice and providing practical tools to improve food security and economic development in local communities.

Radio talk show focusing on nutrition

During July, a radio talk show was broadcast with the aim of raising awareness and educating the public about better nutrition. The programme aimed to provide the community with clear and accessible guidance on a healthy and balanced diet. During the programme, experts explored the importance of the six essential nutrients for the body's wellbeing: carbohydrates, proteins, vitamins, fats, minerals and water. Thanks to this initiative, listeners were able to gain a better understanding of how to balance their daily meals to improve their family's health.



Veterinary support for Bodo farmers

With a view to promoting best farming practices in the area, the Community Animal Health Worker (CAHW) in Bodo carried out a targeted field visit to provide specialist veterinary services. The initiative directly supported Roda Edward, a local pig farmer in Bodo. This kind of regular support is essential not only for monitoring the health and welfare of livestock, but also for equipping producers with practical skills in animal health, hygiene and feeding management, thereby boosting the productivity and sustainability of family-run micro-livestock businesses.



Nutrition Programme

As part of the Nutrition Programme for children at risk of malnutrition, the Nutrition Officer conducted an in-depth reassessment session focusing on one-year-old children. This periodic monitoring is essential for assessing the growth progress of the children receiving support, measuring the effectiveness of the dietary plans already in place, and tailoring support measures for the most vulnerable children. This activity ensures timely and targeted monitoring, which is essential for preventing complications linked to child malnutrition during the earliest and most critical stages of development.



How to manage the harvest

Proper post-harvest management is essential for preserving the quality and quantity of agricultural produce, whether at a household or group level. Among the well-established and effective strategies for avoiding unnecessary waste is the use of drying structures raised off the ground. This traditional yet essential method protects cereals and other produce from contamination by soil and foreign matter, whilst ensuring optimal ventilation: the rapid evaporation of moisture speeds up the drying process and effectively prevents the formation of mould and discolouration.

